

Technology and our daily lives

What role does technology play in your life? Watch the video to hear people discussing this question.

Tasks

Do the preparation task first. Then watch the video and do the exercises.

Preparation task

Match the definitions (a–j) with the vocabulary (1–10).

Vocabulary

1. to work something in
2. an online dating app
3. an issue
4. a bunch of something
5. to be dead
6. to blink
7. to chill out
8. to hate on something
9. a necessary evil
- 10..... the jury is out

Definition

- a. a large amount of something [informal]
- b. to say bad things about something in an unpleasant and public way
- c. software you can use on your phone to find a romantic partner
- d. people have not yet decided if something is good or bad
- e. to not work [equipment]
- f. something unpleasant that must be accepted in order to achieve a particular result
- g. a subject or problem that people are thinking and talking about
- h. to close and open your eyes quickly
- i. to include or incorporate something
- j. to relax completely

Task 1

Match the opinions (a–h) to the correct groups (1–3).

Groups

1. Positive
.....
2. Negative
.....
3. Not sure
.....

Opinions

- a. I feel like it's in control of me.
- b. I notice my eyes get tired.
- c. If you're using it for good things, I think it's really helpful.
- d. It's a necessary good that could go either way.
- e. It's great to stay in touch.
- f. My biggest issue is knowing when to stop.
- g. New places to eat, new places to explore.
- h. The jury's out.

Task 2

Complete the sentences with words in the box.

away	in	on	on
out	to	up	up

1. Technology has been worked to everyone's day-to-day life.
2. It is the first thing I do when I wake and when I go to bed.
3. It's easy to just pick up your phone, turn it
4. It takes a bunch of my day.
5. He should just throw his phone
6. You need to chill
7. Most people hate technology.
8. It's up us as to what we do with the technology.

Discussion

What about you? Do you feel as if you're in control of technology, or is technology in control of you?

Answers

Preparation task

1. i
2. c
3. g
4. a
5. e
6. h
7. j
8. b
9. f
10. d

Task 1

1. Positive:
If you're using it for good things, I think it's really helpful.
It's great to stay in touch.
New places to eat, new places to explore.
2. Negative:
I feel like it's in control of me.
I notice my eyes get tired.
My biggest issue is knowing when to stop.
3. Not sure:
It's a necessary good that could go either way.
The jury's out.

Task 2

1. Technology has been worked in to everyone's day-to-day life.
2. It is the first thing I do when I wake up and when I go to bed.
3. It's easy to just pick up your phone, turn it on.
4. It takes up a bunch of my day.
5. He should just throw his phone away.
6. You need to chill out.
7. Most people hate on technology.
8. It's up to us as to what we do with the technology.