

Word on the Street

Extreme Sports

Exercises

Answers are at the end of this support pack.

Activity 1

Choose the right group for each of the following words.

climbing / steps / foaming / rapids /
jumping / drops

Parkour:

White-water rafting:

Activity 2

Choose the correct answers, according to the video.

1. What can we call people who enjoy dangerous sports?
 - a) fear seekers or adrenalin junkies
 - b) thrill junkies or adrenalin seekers
 - c) adrenalin junkies or thrill seekers
 - d) fear junkies or thrill seekers
2. What facility does the National Water Sports Centre in Nottingham

have?

- a) a specially built seven hundred metre white-water course
 - b) a natural seven hundred metre white-water course
3. Why does Pas think people like dangerous sports?
 - a) to get close to nature
 - b) to have an adventure
 - c) to test themselves
 4. Why is parkour popular in London?
 - a) Because there aren't many extreme sports to choose from in the city.
 - b) Because it started in London.
 - c) Because people in the city like keeping fit and beating fear.
 5. What do you need to do parkour?
 - a) a good pair of trainers and a parkour park
 - b) a good pair of trainers and parkour equipment
 - c) a good pair of trainers

Discussion

- What extreme sports do you know?
- Have you or has anyone you know tried an extreme sport?
- What are the most popular extreme sports in your country?

Discuss these questions with another student or post a comment on the LearnEnglish website.

Answers

Activity 1

Parkour:

steps

jumping

climbing

White-water rafting:

rapids

foaming

drops

Activity 2

1. c) adrenalin junkies or thrill seekers
2. a) a specially built seven hundred metre white-water course
3. c) to test themselves
4. a) Because there aren't many extreme sports to choose from in the city.
5. c) a good pair of trainers